Fu's Subcutaneous Needling-FSN Seminar (Advanced Course)

This one-day advanced course is for FSN practitioners who have had basic training and have been use FSN therapy for at least three months. It is a well-balanced course with FSN rationale and hands-on practice.

Contents of the seminar:

- Why muscles
- Assessment of muscle tension and its clinical value
- Shoulder and lower back issues and effective FSN management

A certificate will be issued by Dr Fu for the participants.

About the Lecturer

Dr Zhonghua Fu, the founder of FSN, studied traditional Chinese medicine and obtained his bachelor's degree in medicine at Nanjing University of Traditional Chinese Medicine (NJUCM) in 1990. He then obtained his master's degree at NJUCM in 1999. His dissertation was research on acupuncture techniques.



Over the last 24 years, Dr Zhonghua Fu has showed great talent, interest and enthusiasm in the field of modern acupuncture. He invented the FSN needle and insertion delivery device. He combined ancient Chinese medical concept with modern acupuncture ideas. His "Tightened Muscle Theory (TMT) which enhanced Myofascial Trigger Points (MTrP) theory. He has published four books on FSN, including one English version: *Under the Skin - A Manual of Fu's*

Subcutaneous Needling Acupuncture and over 50 papers in medical journals.

To book your place, please email to:

fsnaebox@gmail.com Ref: OAK-C1